



Grace Helping Hands Newsletter

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Compassion in Action: July 2026

Every care kit tells a story of compassion, generosity, and hope. In this edition of the Grace Helping Hands Newsletter, we're highlighting the incredible people, partnerships, and moments that make our mission possible. Thank you for making this work possible.

Supply Drive: Pads & Tampons Needed for Our 8/11 Kit-Making Event

We're gearing up for our kit-making event on August 11th and need your help stocking up! We're collecting pads and tampons to include in the kits.

July 17 **Deadline to donate: supplies needed by August 8th**

 **Shop our Amazon wishlist by clicking: [Here](#)** 

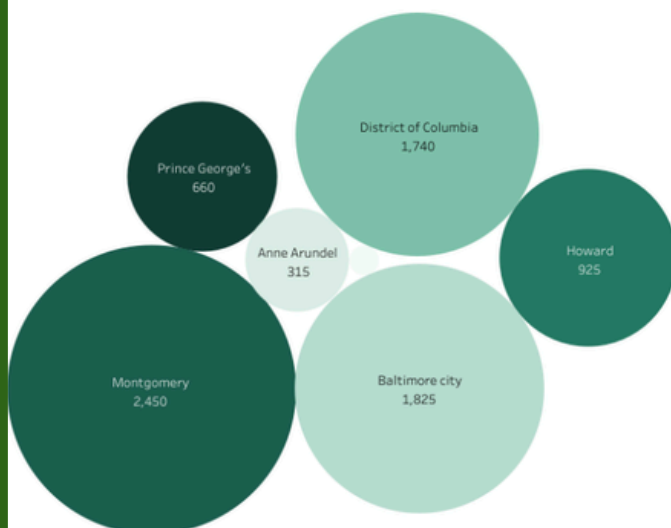
Grace Helping Hands's New Partner: DC Doors!

We have a new partner! Founded in 2011, DC Doors supports “thousands of families and single individuals.” Their mission is to help individuals transition from homelessness to stable, permanent housing. The core programs include Zoe’s Drop-in Center, a center open 24 hours a day for youth ages 18 to 24, and workforce development through the SNAP Employment & Training program.

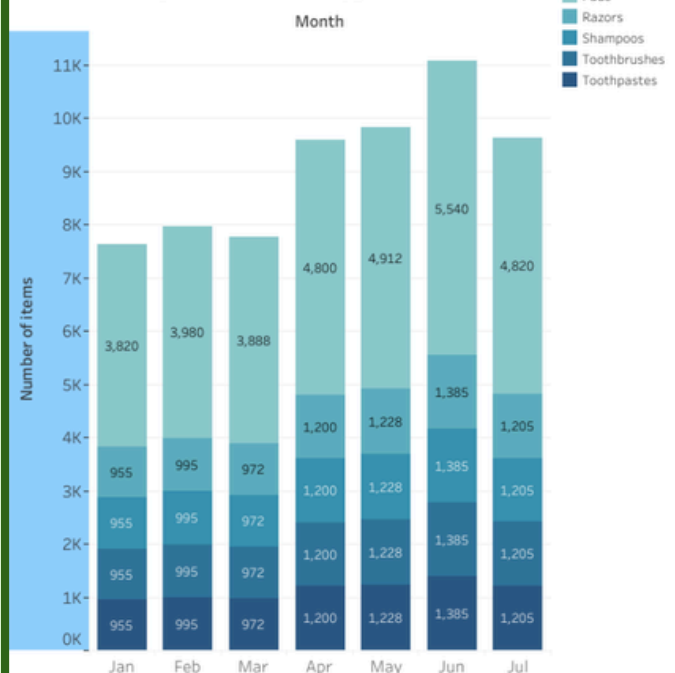


LOOK!

Kit Distribution by Jurisdiction



Monthly Distribution of Hygiene Items





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Our Kit Making Event on July 11th, 2026

Our monthly hygiene kit making event was held on July 11, 2026, where 800 hygiene kits and more than 100 facial kits were assembled. Menstrual pads, razors, toothbrushes and toothpaste, deodorant, shampoo, conditioner, and body wash were some of the items included in the hygiene kits, while face masks and other skincare products were packed in the facial kits. As a first-time volunteer with GHH, it was really inspiring to see a group of individuals come together to support such an admirable cause. With upbeat music playing in the background, encouragement cards were written, and kits were swiftly packed in assembly-line style by roughly 20 different volunteers. Every kit was assembled with care in the hope that it would restore a bit of humanity and dignity to each recipient.



Good News Story

Food and Friends delivers two million meals a year to DC-area individuals coping with serious illnesses — and is planning a \$30 million, 17,000-square-foot expansion to double its impact. CEO Carrie Stoltzfus cites high regional demand; the org currently packs about 7,100 meals daily. The new building, completing in May, will add a state-of-the-art kitchen, with the current kitchen converted into a chilled packing room. Clients are referred by health care providers, with dietitians and chefs offering eleven meal types tailored to specific health needs.

With gratitude,

Thank you for being part of the ripple. None of this happens without you. Every kit assembled, every partnership formed, every family reached — it all traces back to volunteers who show up, donors who give, and partners who believe in the same mission we do.

Support Our Work

- Scan the QR code to donate via PayPal
 - Or support us on [Givebutter](#)
- Donate to us through the CFC using our charity code #2749



Registries

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